Past Continuous (was, were)

Singular (1)			
I	was	(not)	sitt <u>ing</u> .
	, , , , , , , , , , , , , , , , , , ,	(1100)	standing
You	were	(not)	stand <u>ing</u> .
			read <u>ing.</u>
He	was	(not)	witing
She	was	(not)	writ <u>ing.</u>
It	was	(not)	sleep <u>ing.</u>
Plur	al (2,3)		eat <u>ing</u> .
We	were	(not)	watching TV.
			look <u>ing at</u> the clock.
You	were	(not)	
			listen <u>ing to</u> the teacher.
They	were	(not)	cook <u>ing.</u>

Past Continuous (was, were)

Sing	gular (1)	
I	(no	sitt <u>ing</u> .
You	(no	stand <u>ing</u> .
		read <u>ing.</u>
He She	(not	writing.
It	(not	sleep <u>ing.</u>
Plura	al (2,3)	eating.
We	(not	watching TV.
		look <u>ing</u> at the clock.
You	(not	listen <u>ing to</u> the teacher.
They	(no	cook <u>ing.</u>