C(A) G7(E7) I'm only human I'm just a man Help me believe in what I could be C(A) And all that I am C7(A7) F(D) Show me the stairway I have to climb G7(E7) C(A) Lord for my sake help me to take C(A) One day at a time C7(A7) F(D) Cho... One day at a time sweet Jesus C(A) That's all I'm asking from You G(E) Just give me the strength to do ev'ryday C(A) What I have to do C7(A7) F(D) Yesterday's gone sweet Jesus C(A) D(B) And tomorrow may never be mine G7(E7) Lord help me today show me the way C(A) One day at a time C(A) G7(E7) Do you remember when you walked among men F(D) Well Jesus you know it's worse now than then C7(A7) F(D) Pushin' and shovin' crowding my mind C(A) G7(E7) So for my sake, teach me to take C(A) One day at a time